The W&L Traveller’s

Passage through the

Panamá Canal and Costa Rica

aboard the Exclusively Chartered, Five-Star, Small Ship
Le Dumont-d’Urville
January 16 to 24, 2020

- Daylight Transit through the Panamá Canal
- Luxury Small Ship
- 100% Ocean-View Staterooms
- All Shore Excursions Included
Dear W&L Alumni, Parents and Friends,

We invite you to join us and other Washington and Lee travelers as we cruise from the Atlantic to the Pacific through the ingenious and spectacular Panamá Canal. A recently completed expansion has doubled the Canal’s capacity, adding further drama and engineering prowess to what is widely regarded as one of the wonders of the world. The 50-mile passage through the narrow isthmus of Panamá continues to astonish even today’s most veteran traveler. During a specially arranged and narrated daylight transit, we’ll experience firsthand the mighty locks that raise and lower oceangoing vessels 85 feet, harnessing the force of gravity to accomplish in mere hours what had previously taken three weeks to circumnavigate South America.

Our comprehensive itinerary also features some of the Earth’s most pristine ecosystems in the rainforests, islands and archipelagos of Panamá and Costa Rica during the best time of year. On our comprehensive itinerary, we’ll explore the heart of Panamá City’s UNESCO World Heritage designated Casco Antiguo—the city’s old town—and tour acclaimed architect Frank Gehry’s only design in Latin America, Panamá City’s Biodiversity Museum. We’ll also visit the stunning and biodiverse Manuel Antonio National Park, where expert naturalists will lead us on a trail walk through an ecosystem of rare species, including the scarlet macaw and fiery-billed aracari.

Our ship of choice will be the new, five star Le Dumont-d’Urville, featuring the extraordinary Blue Eye, the world’s first multisensory Observation Lounge. This sophisticated small ship offers exquisite service and only 92 suites and staterooms, each with a private balcony. Our exclusively chartered ship enables us to call at small ports inaccessible to larger vessels for enriching natural history excursions led by experienced naturalists.

Space is limited for this extraordinary travel opportunity. We encourage you to send in your reservation now while Early Booking Savings are still available!

We look forward to traveling with you,

Rob Fure, Director
W&L Traveller

Cover photo: Cruise from the Atlantic to the Pacific on our daylight passage through the Panamá Canal.
Called the “rich coast” by the Spanish conquistadors who sought to colonize it following Columbus’s arrival in 1502, Costa Rica offers diverse and fascinating richness, seen in its fertile landscapes and the perseverant culture of its indigenous people. More than 25 percent of this captivating country is a national park, wildlife refuge or protected rainforest, earning Costa Rica the distinction of one of the greenest countries in the world and a leading destination for eco-tourism. Explore lush rainforests, stroll the white sands of coral-fringed beaches and encounter a vivid array of wildlife, including howler monkeys and 600 species of non-migratory birds. The national motto of Costa Rica is “¡Pura Vida!” translating to “pure life,” and is expressed in the proud and welcoming faces of the Ticos (Costa Ricans), the passionate biologists captivated by the flourishing rare and endemic species and the spectacularly vivacious landscape itself.

San Blas Islands
Located on the Caribbean side of Panamá, the sun-drenched San Blas Islands are a living testament to Panamá’s indigenous Guna people, also known as the Kuna, and their centuries-old language, customs and culture. The Guna live in thatched-roof huts, barter or trade in fish and agricultural products and travel in dugout canoes. Guna women hand embroider traditional colorful molas (reverse appliqué panels) and wear winis, long strings of tiny beads wrapped around their forearms and legs in striking geometric patterns.

The turquoise waters of Golfo de San Blas, populated with untouched coral reefs and vibrant marine life, offer a paradisal setting for swimming and snorkeling.

Panamá City
In Central America’s most attractive capital city, learn more about the operation of the Panama Canal’s locks in the adjacent Miraflores Locks Visitor Center. Nearby, the spectacularly colorful Biodiversity Museum, designed by architect Frank Gehry of Guggenheim fame, showcases the ecological significance of Panamá’s exotic flora and fauna. Visit the UNESCO World Heritage-designated

Itinerary
Day
Panamá Pre-Program Option

1 Depart the U.S./Panamá City, Panamá/Colón/Embark Le Dumont-d’Urville
2 San Blas Islands
3 Colón/Panamá Canal Transit/Panamá City
4 Panamá City
5 Isla Cébaco
6 Quepos for Manuel Antonio National Park
7 Curú National Wildlife Refuge/Tortuga Island
8 Puerto Caldera, Costa Rica/Disembark ship/San José
9 San José/Depart for the U.S.

Costa Rica Post-Program Option

Photo this page: See the indigenous Guna people paddling traditional dugout canoes, their main method of transport.
Historic District, a charming neighborhood replete with cobblestone streets and historical buildings, including a 16th-century cathedral. By special arrangement, cruise through the fascinating Panamá Canal.

**Isla Cébaco, Panamá**
A winding coastline of pristine, seldom-visited sandy beaches and towering palm trees front the dense rainforests that dominate Isla Cébaco, a hidden gem in the sparkling Gulf of Montijo. Snorkel in its emerald waters, where schools of brilliantly colored fish, giant manta rays and four different species of turtles swim amid spectacular rock reefs.

**Manuel Antonio National Park**
Experience an unparalleled diversity of wildlife in this lush tropical haven, a captivating combination of rainforest, beach and coral reef, home to more than 100 species of mammals, almost 200 species of birds and a variety of reptiles and amphibians.

Explore this protected, biodiverse paradise where expert naturalists will assist in spotting colorful toucans, screeching howler monkeys, camouflage iguanas, arboreal squirrel monkeys, two- and three-toed sloths and rambunctious capuchin monkeys.

**Curú National Wildlife Refuge**
A unique blend of sustainable agriculture, forest management and wildlife protection, the Curú National Wildlife Refuge is home to species like the scarlet macaw and spider monkey, both reintroduced into the wild here. Encompassing five distinctive untouched habitats that range from mangrove swamps and dry and humid forests, it is the ideal place to see the intricacies of interdependent ecosystems. Enjoy a guided walk in the morning, the best time of day to watch for groups of capuchin and howler monkeys, coatis, iguanas and more than 230 bird species.

**Isla Tortuga**
Nestled in a private reserve near the stunning Nicoya Peninsula, idyllic Isla Tortuga is named for its tortoise-like volcanic rock formations. Against a backdrop of coconut palm trees and white-sand beaches, enjoy opportunities to swim and snorkel in this protected island’s clear, sheltered waters, home to fascinating marine life including angel fish, spotted eagle rays and sea horses.

**San José, Costa Rica**
In the heart of the fertile Valle Central, Costa Rica’s dynamic capital city of San José possesses an eclectic mix of museums; lush,
landscaped parks; lively cafés; fascinating art galleries and an interesting fusion of Spanish Colonial, Moorish and Modernist architectural styles. Visit the ornate, Neo-Classical National Theater, built between 1891 and 1897 and recently declared a National Symbol; the interior is famous for its marble staircases and golden statues. Peruse the National Museum’s impressive collections showcasing the country’s natural and cultural heritage, including pre-Columbian artifacts.

Panama’s Renaissance
Pre-Program Option
An exploration of old and new, Panamá is the perfect complement to “the crossroads of the Americas.” Visit the UNESCO World Heritage-designated Panamá Viejo—founded in 1519 and later destroyed by feared privateer Henry Morgan—to see the ruins of the oldest European settlement on the Pacific American coast. Visit the fascinating Agua Clara Visitor Center for panoramic views of the Panamá Canal expansion and cruise the Gatún River to meet the indigenous Embera people. Spend two nights in the ideally located, deluxe BRISTOL PANAMÁ HOTEL.

Interact with the Guna people of Panamá’s San Blas region.

Snorkel in the Caribbean’s crystal-clear waters and see colorful marine life up close.

On the Post-Program Option, see towering Arenal Volcano, standing at 5357 feet.

Landscapes of Costa Rica
Post-Program Option
Experience the beauty of Costa Rica’s diverse biospheres, from steamy hot springs to misty cloud forests. In view of towering Arenal Volcano, explore the lush rainforest along a series of suspended and fixed bridges. Tour historic San José, and visit an organic chocolate workshop, an award-winning coffee estate and a traditional artisan town known for intricately hand-painted woodcrafts. Accommodations are for two nights in the ideally located HOTEL ROYAL CORIN and two nights in the deluxe COSTA RICA MARRIOTT HOTEL HACIENDA BELEN.

The Pre- and Post-Program Options are available at additional cost. Details will be provided with your reservation confirmation. Post-Program pricing includes a credit for one night’s accommodations in San José and the San José city tour already included in the cost of the main program.
Blue Eye—World’s First Multisensory, Underwater Observation Lounge

Introducing the extraordinary Blue Eye, the world’s first multisensory, underwater Observation Lounge. View the beauty of marine life through the large, subaquatic windows and integrated digital screens providing live images from underwater cameras, and enjoy the sensory experience of listening to the ocean’s unique underwater universe in the comfort of the exclusive Blue Eye lounge.*

Luxury Small Ship, Innovative Design


Life on Board

Enjoy sweeping views from the lounges, which open to the outdoors, and lectures, cultural performances or film screenings in the state-of-the-art theater. Relax in the spa and sauna or the Sun Deck’s infinity-style swimming pool. There is a beauty salon, fitness room and there are three elevators. Complimentary Wi-Fi access (conditions permitting).

92 Elegant Suites and Staterooms, 100% with Private Balconies

Each Five-Star Stateroom and Suite (up to 484 square feet) features a private balcony. Grand Deluxe Suites have a bay window and spacious private terrace. Accommodations offer two twin beds or one queen bed, individual climate control, private bathrooms with a shower and luxury hotel-style amenities.

Respect for the Environment

A new addition to the Ponant “Clean Ship” fleet, an important distinction among ocean-cruising vessels, Le Dumont-d’Urville is energy efficient and eco-friendly, protecting fragile marine ecosystems.

Chic and Casual Dining

Dine indoors or alfresco on international and regional cuisine served in the stylish, spacious indoor-outdoor restaurant, at the casual pool deck grill or from 24-hour room service. Daily meals include continental and buffet breakfasts, buffet lunch, afternoon tea and four-course dinner.

World-Class Service

The highly trained, English-speaking crew are personable and attentive, and the ship has a medical center staffed with a doctor and nurse.

*Marine life viewing varies by location.
Included Features

**Scenic transfer from Panamá City to Colón.**
**On Board the Exclusively Chartered, Five-Star, Small Ship Le DUMONT-D’URVILLE**
- Seven-night cruise from Colón, Panamá, to Puerto Caldera, Costa Rica.
- Elegantly appointed, Five-Star Suite or Stateroom.
- Captain’s Welcome and Farewell Receptions.
- Complimentary alcoholic and nonalcoholic beverages available throughout the cruise.
- All meals aboard ship.
- Complimentary Wi-Fi access (conditions permitting).
- **Blue Eye**—the world’s first luxury, multisensory, underwater Observation Lounge.
- Expert onboard naturalist guides to lead small group excursions.
- Visit to the **San Blas Islands** archipelago to experience indigenous Guna culture.
- **Daylight passage through the Panamá Canal,** accompanied by a historical narration. *Transit times through the canal are controlled by the Panamá Canal Authority and are subject to traffic conditions.*
- Tour of **Panamá City**, highlighted by a visit to the UNESCO World Heritage site of Casco Antiguo, the Biodiversity Museum and the Miraflores Locks Visitors Center.
- Specially arranged, onboard guitar performance by local **Quepos** musicians.
- Visit to pristine **Isla Cébaco**, with time at leisure to swim and snorkel among colorful marine life.
- Excursion in stunning and biodiverse **Manuel Antonio National Park** with a naturalist-led trail walk through the protected rainforest.
- Guided tour in the **Curú National Wildlife Refuge**.
- Visit to picture-perfect **Tortuga Island** known for palm-fringed beaches and lush, tropical flora.

**In San José, Costa Rica**
- One night in the deluxe **Costa Rica Marriott Hotel Hacienda Belen**.
- American breakfast.
- Tour of **San José**, including visits to the National Theater and National Museum, with lunch.

**Always Included**
- Transfers and luggage handling abroad if your arrival(s)/departure(s) coincide with the scheduled group transfer(s).
- Experienced, English speaking local guides for included excursions.
- Gratuities to hotel personnel, local guides and drivers on included excursions and transfers.
- Hospitality desk aboard ship and in the hotel.
- Complimentary bottled water in your Suite or Stateroom and on excursions.
- Experienced Gohagan & Company Travel Directors at your service.
- Automatic $250,000 flight insurance policy for each participant ticketed on flights by Gohagan & Company.
Marvel at the grand construction of the Panamá Canal, a monumental project that spanned more than 30 years.
**THE PANAMA CANAL AND COSTA RICA RESERVATION FORM**

**Send to:** Washington and Lee University  
The W&L Traveller  
Office of Lifelong Learning  
204 W. Washington Street  
Lexington, VA 24450  
Phone: (540) 458-8723  
Fax: (540) 458-8478  
Email: lifelong@wlu.edu

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**Déck 6**  
**Déck 5**  
**Déck 4**  
**Déck 3**

**LAND/Cruise Tariff** excluding taxes*  

| Per person, based on double occupancy  
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<th>Stateroom Category</th>
<th>Picture window, single door onto private, partial-wall balcony, Deck 3, forward. (limited availability)</th>
<th>$4995</th>
<th>$5995</th>
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<tr>
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<td>Picture window, single door onto private, partial-wall balcony, Deck 3, midship.</td>
<td>$5695</td>
<td>$6695</td>
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<tr>
<td></td>
<td>Expansive sliding glass door, private balcony, Deck 4, forward.</td>
<td>$6595</td>
<td>$7595</td>
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<td></td>
<td>Expansive sliding glass door, private balcony, Deck 4, midship.</td>
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<td>$7995</td>
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<tr>
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<td>Expansive sliding glass door, private balcony, Decks 5 and 6, aft. (limited availability)</td>
<td>$7495</td>
<td>$8495</td>
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<td></td>
<td>Expansive sliding glass door, private balcony Deck 5, forward. (limited availability)</td>
<td>$7995</td>
<td>$8995</td>
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<td>Expansive sliding glass door, private balcony, Deck 6, midship.</td>
<td>$8995</td>
<td>$9995</td>
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<tr>
<td>Deluxe Suite</td>
<td>Suite with expansive sliding glass door, large private balcony, sitting area with sofa, Decks 3, 4, 5 and 6. (limited availability)</td>
<td>$10295</td>
<td>$11295</td>
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<td>Prestige Suite</td>
<td>Two-room Suite, expansive sliding glass door, large private balcony, two bathrooms, two closets, large sitting area with sofa. Deck 5. (limited availability)</td>
<td>$11295</td>
<td>$12295</td>
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<tr>
<td>Privilege Suite</td>
<td>Large Suite with expansive sliding glass door, large private balcony, sitting area with sofa. Decks 5 and 6. (limited availability)</td>
<td>$11695</td>
<td>$12695</td>
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<tr>
<td>Grand Deluxe Suite</td>
<td>Extra-large two-room Suite, expansive sliding glass door, spacious private terrace, full bathroom with tub and separate shower, additional half bath, sitting area with sofa. Deck 6. (limited availability)</td>
<td>$12695</td>
<td>$13695</td>
</tr>
<tr>
<td>Owner’s Suite</td>
<td>Extra-large two-room Suite, expansive sliding glass door, spacious private terrace with outdoor Jacuzzi, full bathroom with tub and separate shower, additional half bath, sitting area with sofa. Deck 5. (limited availability)</td>
<td>$12995</td>
<td>$13995</td>
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Singles are available in category 5 at $12295* and in category 2 at $14795* on or before September 6, 2019. Add $1000 for reservations made after September 6, 2019.

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<td>Deck 5</td>
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<td>Deck 6</td>
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<td>Deck 10</td>
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*Taxes are an additional $415 per person and are subject to change.
†Le Dumont-d’Urville has been specially contracted for this tour, and the applicable deck plan is available on-page back cover of this brochure.

Transmission of a deposit by check or wire transfer by October 11, 2019.

All FINAL PAYMENTS are required to be made by check or wire transfer by October 11, 2019.

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<th>Deck 1</th>
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Please make my/our reservation(s) in Stateroom Category:

- Double occupancy (two twin beds).
- Double occupancy (one queen bed).
- Single accommodations.
- I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

Please make my/our reservation(s):

- **Panamá Pre-Program Option**
  - Double at $645 per person.
  - Single at $895 per person.
  - I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

- **Costa Rica Post-Program Option**
  - Double at $1345 per person.
  - Single at $1945 per person.
  - I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

Please indicate if you are reserving your air as economy, upgraded economy, first class or business class:

- Economy Class
- Upgraded Economy
- Business Class
- First Class

*(Note: Airfare is subject to change and availability and is nonrefundable.)*

By reserving and depositing on this program, I/we agree to the Release of Liability, Assumption of Risk and Binding Arbitration Agreement as printed on the outside back cover of this brochure.

Closing date for deposits is December 4, 2018.

**Air**

- Gohagan & Company

**Make checks payable to**

- Gohagan & Company

- Enclosed is my/our check(s) for $__________ as deposit. Make checks payable to Gohagan & Company.

- I/We authorize you to charge my/our deposit of $__________ to: **Visa** **MasterCard**

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**Signature as it appears on credit card**

Please make my/our reservation(s):** Panamá Pre-Program Option**

- Double at $645 per person.
- Single at $895 per person.
- I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

Please make my/our reservation(s):** Costa Rica Post-Program Option**

- Double at $1345 per person.
- Single at $1945 per person.
- I am reserving as a single but prefer to share accommodations and will allow you to select my roommate (shares cannot be guaranteed).

**Additional Notes:**

- **I/We want to book my/our air at an additional cost to be advised,** from:
  - (fill in departure city)

- **Economy Class**
- **Upgraded Economy**
- **Business Class**
- **First Class**

- **Note:** Airfare is subject to change and availability and is nonrefundable.

- **I/We will make my/our own air arrangements.**
which has been known to be heard up to 10 miles away.

Listen for the distinct call of the howler monkey,