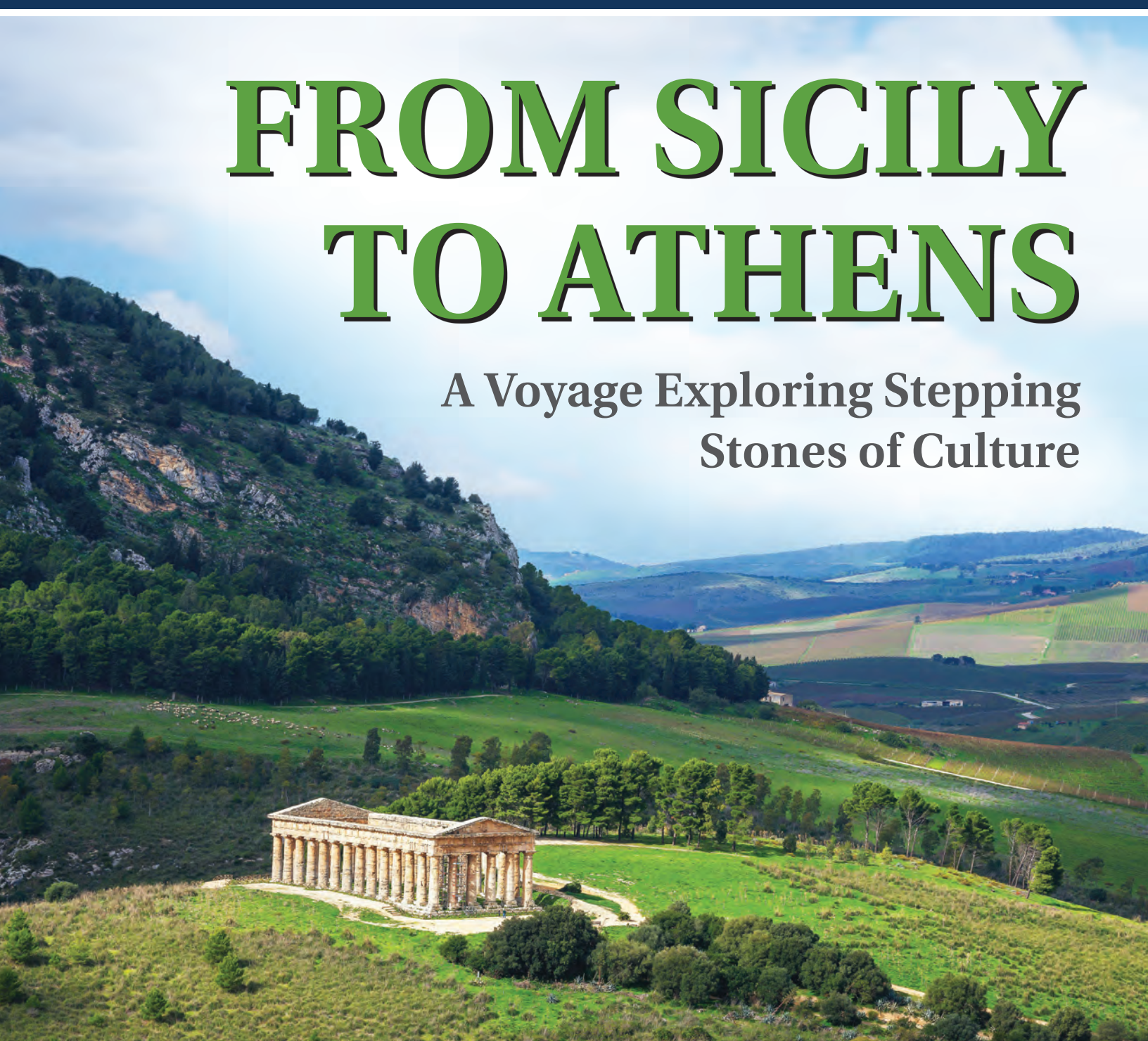


The W&L Traveller

FROM SICILY TO ATHENS

A Voyage Exploring Stepping
Stones of Culture



Temple of Segesta, Sicily, Italy

Aboard the New Expedition Cruise Ship *DIANA*
September 2 - 12, 2023

Dear Washington & Lee Travelers,

The history of the Mediterranean provides much of what we know of modern civilization—the values of democracy and scientific inquiry, and the expression of the human spirit in literature, art and music. On a splendid and informative voyage from Sicily to Athens, we'll explore some of the most iconic sites associated with the rich legacy of the Greco-Roman World. Caleb Dance, associate professor of classics, will serve as W&L's study leader.

Setting forth from Sicily's capital of Palermo, we'll sail around the island to its southern shore to discover the Doric temples of Agrigento and, further to the east, the remarkably well-preserved Greek and Roman ruins of Syracuse. Leaving Sicily, we'll call in Croton, home to Pythagoras's philosophical academy, before crossing the Ionian Sea to visit Olympia, one of the most sacred places in the Hellenic world, site of the Sanctuary of Zeus, and home to the athletic games that drew competitors from the four corners of the known world. On Crete, we'll be introduced to Minoan civilization and the great myths of King Midas and the Minotaur, as we explore the Palace of Knossos and the treasures of the Heraklion Museum. Mycenae brings us to the heart of the heroic age of Homer and the Trojan War. The shrine of Asclepius at Epidaurus reminds us of the Greek origins of medicine, while the great theater nearby invites us to reflect on Greek drama.

Our vessel for this extraordinary journey, the Swan Hellenic *Diana*, is a state-of-the-art, new-generation expedition cruise ship, currently under construction in Finland and launching in March 2023. Accommodating only 192 guests in beautifully appointed staterooms and balcony suites, *Diana* will feature several lounges, a restaurant, outdoor cafe, spa, and library. The *Diana* is equipped with the latest safety and environmentally-friendly technology.

Please join fellow W&L travelers and Professor Dance on this thoughtfully designed voyage of discovery and rediscovery of the ancient world.

Sincerely



Rob Fure
Director of Lifelong Learning

Caleb Dance



Caleb Dance is an Associate Professor of Classics. Having earned his B.A. from Tulane University and his M.A., M.Phil., and PhD from Columbia University, he joined the Washington & Lee faculty in 2014. Caleb cultivates broad interests in ancient Greek and Roman literature, teaching courses on ancient languages, sex

and gender in Greco-Roman literature, canon formation, and literary genre. His publications treat laughter, humor, and comic theory in the works of Homer, Ovid, and Lucian, and his newest project draws upon a collection of love poetry by Ovid—the *Amores*—to consider how the ways in which ancient literature was composed and published (from wax tablets to papyrus rolls) would have shaped ancient readers' experiences of it...and continues to shape the experiences of today's students and scholars.



The vaulted entrance to Olympia's stadium, Greece



Gytheion, Greece

THE NEW 192-GUEST EXPEDITION CRUISE SHIP *DIANA*



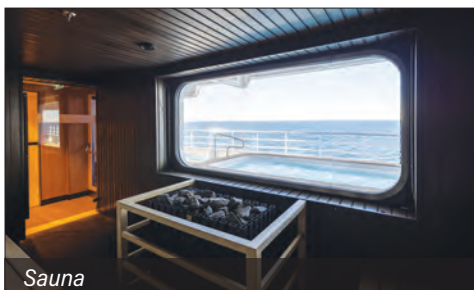
Oceanview Stateroom



Balcony Suite



Observation Lounge



Sauna



Club Lounge



Outdoor Cafe / Bar with swimming pool

Currently under construction in Finland and launching in early March 2023, Swan Hellenic's *Diana* is a new-generation expedition cruise ship. Although at 12,100 tons the ship is large enough to accommodate more than 350 passengers, *Diana* will accommodate a maximum of 192 guests in 96 spacious staterooms and balcony suites. The low guest density results in one of the most generous indoor and outdoor space-to-guest ratios among cruise ships.

Featuring the latest advances in technology and engineering, *Diana* is among the world's first environmentally-responsible ships. Equipped with hybrid engines, a system of powerful batteries, and a unique water filtration system, *Diana* leaves a minimal footprint. For cruising in Polar regions, the ship meets the stringent requirements of the new Polar Code with its high PC5 Category A ice-strengthened hull and other advanced features. A computer-controlled Dynamic Positioning System allows the ship to maintain position without anchoring. Operated by a complement of 135 experienced European officers and international crew members, *Diana*

will carry a fleet of Zodiacs, versatile landing boats, and kayaks. Powerful stabilizers provide a smooth ride.

Diana's interior spaces exude sophisticated elegance, with most rooms opening to panoramic views of the sea. All staterooms and suites face outside and are equipped with private facilities, climate control, TV, Wi-Fi and USB connections and other amenities. Of the ship's 96 staterooms, 76 have balconies. Public areas include a spacious observation lounge equipped with state-of-the-art facilities for lectures and presentations; a club lounge; a restaurant that accommodates all guests at one seating; an outdoor café/bar that surrounds the heated swimming pool; a wellness area with gym, spa, and sauna with an adjoining outdoor jacuzzi; library; beauty salon; and an infirmary that is attended by a full-time doctor and nurse. The ship also features expansive open-deck areas. Two elevators connect all decks. Attentive service is provided on a 24-hour basis. The outstanding cuisine is complemented by fine wines at lunch and dinner.

FOR MORE INFORMATION, PLEASE CALL THE W&L OFFICE OF LIFELONG LEARNING AT 540.458.8723

ITINERARY



Saturday, September 2, 2023

Depart the United States

Sunday, September 3

Palermo, Sicily, Italy

Arrive in Palermo and transfer to the elegant *NH Palermo* hotel (or similar.) Meet fellow travelers this evening at a welcome dinner. (D)

Monday, September 4

Palermo/Monreale/Embarkation

One of Europe's most interesting cities, Palermo had its origins in the 8th century BC, when Phoenicians established a trade settlement. In the 9th century it was conquered by the Saracens and by the 12th century, when the Normans took control, it became one of Europe's greatest cities. Tour in the morning Palermo's principal sites, including the Church of San Giovanni degli Eremiti, an exquisite example of Arab-Norman architecture; the Royal Palace's Capella Palatina, designed in 1130, and renowned for its



Ancient Greek Temple of Concordia, Agrigento, Sicily

stunning gold mosaics; and the Archaeological Museum, which houses important Greek and Roman artifacts. In the afternoon, drive to Monreale to visit its Norman cathedral and elegant cloister before embarking *Diana* in the late afternoon. (B,D)

Tuesday, September 5

Porto Empedocle/Agrigento

Morning arrival in Porto Empedocle for an excursion to the fabled temples of Agrigento. Set on a ridge facing the sea, Agrigento's series of superb Doric temples are among the most captivating ancient Greek remains. Visit the Temple of Hercules, constructed in the 6th century BC; the remarkably well-preserved Temple of Concord; and the Temple of Juno, noted for its graceful proportions. Also visit the Archaeological Museum, whose extraordinary collection is devoted to finds from the surrounding area. (B,L,D)

Wednesday, September 6

Syracuse

Colonized by Greeks in the 8th century BC, Syracuse became one of the most powerful cities of the ancient world, rivaling even Athens. Tour the 15,000-seat 5th-century BC Greek theater, among the most impressive to survive from antiquity, the Roman amphitheater, and the Archaeological Museum. A walking tour of Ortygia, the old town, reveals the remains of the Temple of Apollo, the Fountain of Arethusa, and the Cathedral, which incorporates the Temple of Athena. (B,L,D)

Thursday, September 7

Crotone/Santa Severina

Today we call in Crotone, founded by Achaeans in 710 BC and eventually becoming one of the most prominent Greek cities in southern Italy. In the mid-6th century BC, Pythagoras made it the center of his famed school of philosophy. Visit the National



Nafplion, Greece

Archaeological Museum, whose exhibits chronicle the development of the city from prehistoric times to the Middle Ages. Then drive to the charming medieval hilltop village of Santa Severina, a center of learning and culture under the Byzantines and the Normans. Visit the Byzantine baptistery, dating from the 8th-9th centuries, the old cathedral (10th century), and the imposing castle. (B,L,D)

Friday, September 8

Katakolon/Olympia, Greece

From the port of Katakolon, drive to nearby Olympia, located in a beautiful setting in a river valley covered with evergreen poplars, oaks, and pines. Coupled with its importance throughout antiquity, and its rich remains, Olympia is one of the most significant archaeological sites in Greece. A sacred precinct dedicated to Zeus, it was here that the Panhellenic games were held every four years from 776 BC to AD 393, giving rise to the modern Olympics. Tour the site and see the temples, secular public buildings, and the stadium where the games were held. Also visit the Archaeological Museum, which displays some of the best sculptures from the Classical to the Roman periods. (B,L,D)

Saturday, September 9

Gytheion/Sparta/Mystra

Gytheion is the port for both ancient and modern Sparta. Drive inland to Mystra, the best-preserved Byzantine town in Greece, built on a rocky spur overlooking Sparta. Once a great center of learning, art, and culture, Mystra is dominated by its ramparts and palaces, and by the graceful domes of its churches, many of which contain wonderful frescoes. In Sparta, we will visit the excellent Archaeological Museum. (B,L,D)



Santa Saverina, Italy



Palace of Knossos, Crete, Greece

Sunday, September 10

Rethymnon, Crete

The largest of the Greek islands, Crete was the home of the Minoans, who created Europe's earliest advanced civilization. From the port of Rethymnon, drive to Knossos to explore its fabled Minoan Palace. Clustered around a courtyard, the palace contains a maze of rooms, passages and stairways that probably inspired the concept of the labyrinth. Many myths have their origins on Crete, including the legend of the Minotaur. Continue to the Heraklion Museum, whose exhibits reinforce the impression gained at the palace of the brilliance and refinement of Minoan civilization. (B,L,D)

Monday, September 11

Nafplion/Mycenae/Epidaurus

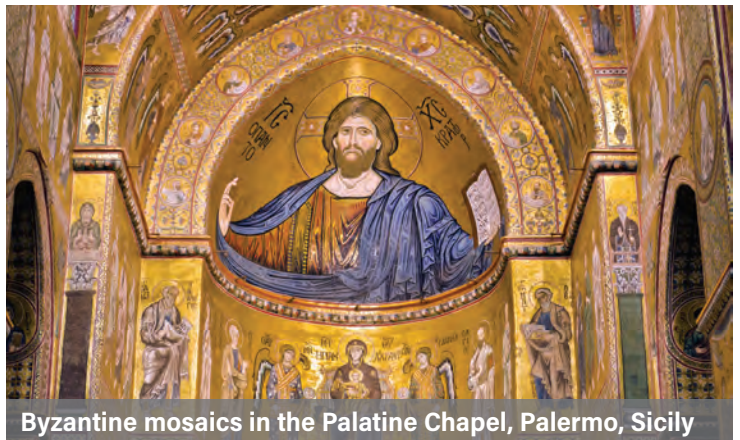
From Nafplion travel to Mycenae, an important center of the extraordinary civilization that flourished here in the second millennium BC. Homer described Mycenae, the legendary home of Agamemnon, as "rich in gold." A tour of the citadel includes the imposing Lion Gate and other remains of the acropolis, as well as the impressive beehive-shaped tombs set outside the walls. Continue to Epidaurus, the ancient shrine of the healer Asklepios, whose ruins are dominated by a 4th-century BC theater, one of the finest in Greece, known for its superb acoustics. (B,L,D)

Tuesday, September 12

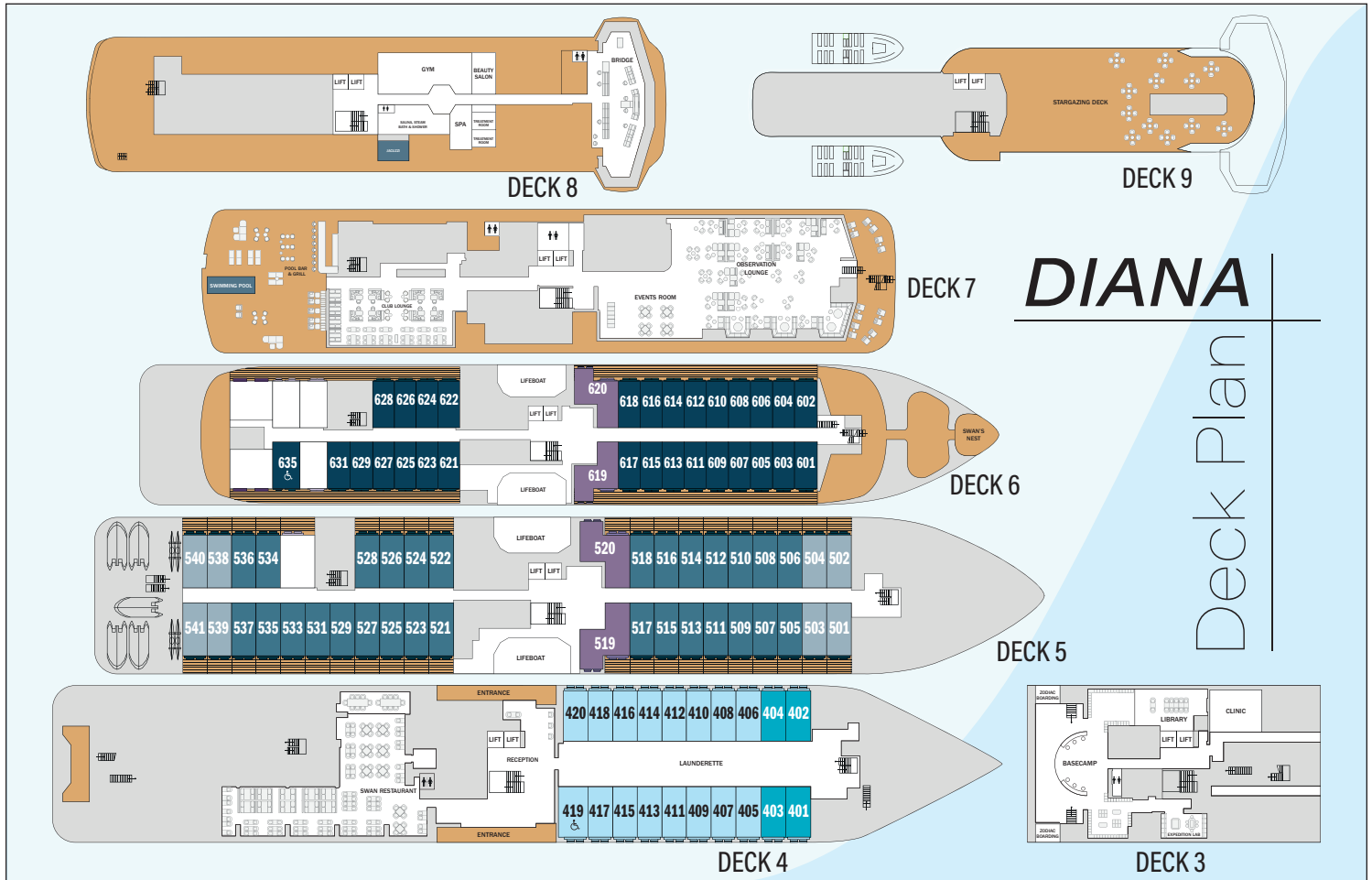
Athens/USA

This morning disembark in Piraeus and transfer to the Athens airport for return flights. (B)

NOTE: AN OPTIONAL TWO-NIGHT HOTEL STAY IN ATHENS WILL BE OFFERED.



Byzantine mosaics in the Palatine Chapel, Palermo, Sicily



All accommodations aboard *Diana* are spacious staterooms and balcony suites. They are elegantly decorated, face outside, affording sea views, and include a queen-size bed that can be arranged as two twin beds, a spacious bathroom, mini-refrigerator, safe, ample closet space, climate control, telephone, TV, Wi-Fi, and USB connections, as well as other amenities.

CATEGORY	DESCRIPTION	RATES PER PERSON / DOUBLE OCCUPANCY
E	Oceanview staterooms with two large oval windows. 206 sq. ft. Deck 4. Staterooms 401-404.	\$7,990
D	Oceanview staterooms with two large oval windows. 206 sq. ft. Deck 4. Staterooms 405-420.	\$8,490
C	Suites with balcony & living room area. 300 sq. ft. Deck 5. Suites 501-504, 538-541.	\$9,490
B	Suites with balcony & living room area. 300 sq. ft. Deck 5. Suites 505-518, 521-537.	\$9,890
A	Suites with balcony and living room area. 300 sq. ft. Deck 6. Suites 601-618, 621-635.	\$10,390
AA	Suites with large balcony, separate bedroom & living room. 474 sq. ft. Decks 5 & 6. Suites 519, 520, 619 & 620.	\$11,590

FOR SOLO TRAVELERS

A limited number of cabins are available for single occupancy in categories D to B at no additional charge. Additional single cabins are available at a supplement of 50% of the per person double occupancy rate, instead of the normal 70% supplement.

PROGRAM INCLUSIONS

The rates are all-inclusive. There are no hidden costs and no additional charges such as shore excursions or embarkation and port charges. Other than the international airfare and expenses of a personal nature, all else is included. Specifically, the rates include:

- One night in Palermo at the *NH Palermo Hotel*, or similar, including breakfast.
- Welcome dinner in Palermo.
- Cruise aboard the *Diana*, as described in the itinerary.
- Group airport/hotel/pier transfers at designated times, and the handling of luggage.
- Lectures and discussions by Washington & Lee Professor Caleb Dance, and by shipboard experts.
- Complete program of tours and excursions as described.
- All meals aboard the ship, with a selection of wines, beer and soft drinks during lunch and dinner.
- Welcome and farewell cocktail receptions aboard the ship hosted by the captain.
- Open bar with select alcoholic beverages.
- Coffee, including espresso and cappuccino, tea and soft drinks throughout the day and night.
- 24-hour room service.
- Gratuities to the ship's crew, guides, porters and drivers.
- Basic Wi-Fi aboard the ship.
- The services of an experienced Thalassa Journeys Trip Director.
- All local taxes and service charges, including port and embarkation taxes.
- Complete pre-departure material.

NOT INCLUDED: International airfare; travel insurance; expenses of a personal nature; any items not mentioned in the itinerary or the above inclusions.



Lion Gate, Mycenae, Greece

REGISTRATION

W&L 23D-0902

I (we) wish to reserve ____ place(s) on **FROM SICILY TO ATHENS: A VOYAGE EXPLORING STEPPING STONES OF CULTURE**, September 2-12, 2023, with Washington & Lee University. I/We understand that a deposit is \$1500.00 per person is required.

Enclosed is my check for \$_____ (\$1,500 per person) made payable to **Thalassa Journeys**.

Alternatively, indicate below if you prefer to make your deposit via credit card.

I/We wish to pay the deposit by credit card and authorize Thalassa Journeys to contact us for credit card details. I understand that final payment is due ninety (90) days prior to departure and is payable by check or credit card.

Mail this registration form (including your deposit check, if applicable) to:

Office of Lifelong Learning, Washington and Lee University
204 West Washington St., Lexington, VA 24450

For further info, contact W&L Office of Lifelong Learning at 540.458.8723

PLEASE SELECT STATEROOM CATEGORY IN ORDER OF PREFERENCE

1st choice _____ 2nd choice _____ 3rd choice _____

Double Occupancy

Single Occupancy (Inquire for rates)

PREFERRED BED CONFIGURATION: Double _____ Twin _____

DR./MR./MRS./MS. FIRST LAST (As it appears on your passport)

DR./MR./MRS./MS. FIRST LAST (As it appears on your passport)

ADDRESS CITY STATE ZIP

GUEST ONE MOBILE

GUEST ONE E-MAIL

GUEST TWO MOBILE

GUEST TWO E-MAIL

GUEST ONE CLASS / YEAR

GUEST TWO CLASS / YEAR

GUEST ONE NAME FOR NAME BADGE

SIGNATURE

DATE

GUEST TWO NAME FOR NAME BADGE

SIGNATURE

DATE

Each participant must sign below: I/We have read the "General Information" section and agree to its terms.

GENERAL INFORMATION

PAYMENT SCHEDULE: A deposit of \$1,500 per person is required to reserve your space on the tour. Final payment is due 90 days prior to departure. Payment can be made by personal check or charged to a credit card.

CANCELLATIONS & REFUNDS: All cancellations are subject to a \$300 per person administrative fee. Cancellations received 61-90 days prior to departure will be assessed a penalty equal to 50% of the total program cost per person. Cancellations received within 60 days of departure are subject to 100% cancellation penalties. Requests for cancellations must be made in writing. No refunds will be made for any part of this program in which you choose not to participate.

INSURANCE: We strongly recommend the purchase of trip cancellation insurance, which is available for coverage of expenses in conjunction with cancellation due to illness or accident. Baggage insurance is also recommended. In the event that you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement.

ITINERARY: The itinerary, accommodations and arrangements are subject to change at the discretion of Thalassa Journeys.

RESPONSIBILITY: Please read carefully the following terms and conditions, which constitute the sole, legally enforceable agreements between the traveler and Thalassa Journeys. Thalassa Journeys acts solely as agents for the traveler with respect to all transportation, hotel and other tour arrangements. In that capacity, we exercise all reasonable care possible to ensure the traveler's safety and satisfaction, but, we neither assume nor bear any responsibility or liability for any injury, death, damage, loss, accident, delay or irregularity arising in connection with the services of any ship, airplane, train, automobile, motor coach, carriage or other conveyance, or the actions of any third-party, involved in carrying the traveler or in affecting these tours. We are not responsible for damages, additional expenses, or any other losses due to cancellation, delay or other changes in air or other services, sickness, weather, strike, war, civil disturbances, acts or threats of terrorism, travel warnings or bans, termination or suspension of war risks or other carrier insurance, quarantine, acts of God or other causes beyond our control. All such losses must be borne by the traveler, and tour rates provide for arrangements only for the time stated. In the event of cancellation, delay or rescheduling mandated by any of the aforesaid causes beyond our control, the traveler shall have the option of accepting in lieu of the original tour such rescheduled tour or other substituted tour(s) as may be offered by us, or else, receiving a refund of as much of such advance tour expenditures as we are able to recover on the traveler's behalf from carriers, third-party tour vendors, etc., but, we shall not have any obligation or liability to the traveler beyond the foregoing. We reserve the right to make alterations to the tour's itinerary and to substitute hotels, transportation methods, or lecturers if this is required. We reserve the right to cancel, delay, or reschedule any tour prior to departure, and, so long as this is not due to any of the aforesaid causes beyond our control, the traveler shall be entitled to a full refund of all monies paid to that point if he/she so desires. No refund shall be made for any unused portion of any tour. By forwarding their deposit(s), the traveler certifies that he/she and/or their dependents, minors or others covered thereby do not have any mental, physical or other condition of disability that could create a hazard for them or other travelers. We reserve the right to decline to accept or to decline to retain any person as a member of any tour should such person's health, condition or actions adversely affect or threaten the welfare or safety of other travelers or impede the tour. Baggage or valuables brought on the tour shall be transported, handled or stored at the traveler's risk entirely, and, we shall bear no liability or responsibility for any damage or other loss thereto. Resolution of any disputes arising hereunder shall be affected exclusively in the state or federal courts presiding in Florida, pursuant to applicable Florida law.

RATES: Tour costs are based upon current airfares, tariffs, and currency values. While we do everything possible to maintain the listed prices, they are subject to change.

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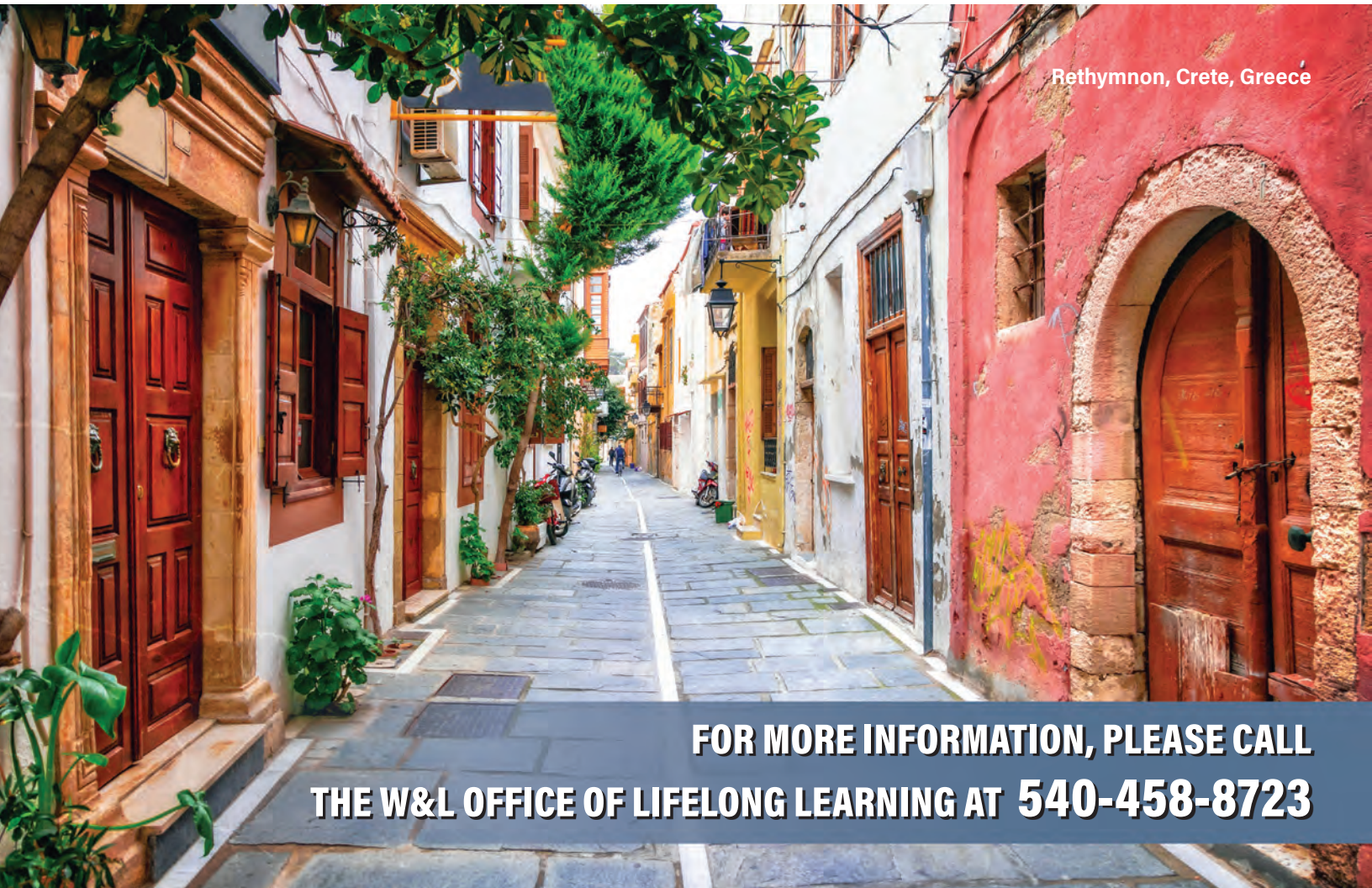
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Join Caleb Dance, Associate Professor of Classics at Washington and Lee University, on our educational voyage, *Sicily to Athens, Stepping Stones of Culture*, September 2-12, 2023 aboard the new expedition cruise ship, *Diana*



Rethymnon, Crete, Greece

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THE W&L OFFICE OF LIFELONG LEARNING AT 540-458-8723**