

WASHINGTON AND LEE
UNIVERSITY

Lifelong Learning

APRIL 25 - MAY 3, 2026
and MAY 2-10, 2026

with optional

Lake Como Pre-Tour and
Mont Blanc Post-Tour

FLAVORS OF PIEDMONT

Orbridge

TRUFFLE HUNTING, CHEESEMAKING AND CENTURIES-OWNED
ORGANIC VINEYARDS AWAIT ON THIS CULINARY JOURNEY

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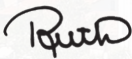
Dear W&L Alumni, Parents, and Friends,

We're pleased to invite you to join us for a nine-day immersive journey discovering Italy's enchanting Piedmont region, where world-renowned wines and exceptional cuisine are set against a backdrop of unparalleled natural beauty. Nestled at the foot of the majestic Alps, this diverse landscape offers a mesmerizing blend of vineyard-draped hillsides, charming villages and lush valleys.

Enjoy the culture and history of this area, wandering among ancient castles, time-honored wineries and UNESCO World Heritage Sites, each offering a glimpse into the region's rich heritage and timeless allure. Your grand home base is a private 10-room villa in the heart of the UNESCO World Heritage Site—The Vineyard Landscape of Piedmont: Langhe-Roero and Monferrato. The property's traditional architecture, with its stone façade and terracotta roof tiles, blend seamlessly into the surrounding countryside. Inside you're surrounded by a sense of serenity and sophistication, where modern comforts harmonize with rustic charm.

Our "Flavors" tours frequently sell out so quickly, which is why we are offering two separate departures this year. However, each tour is limited to only 20 guests. With significant savings of more than \$1,000 per couple, we anticipate both departures will fill quickly. To reserve your space, visit wlu.edu/lifelong

Sincerely,



Ruth Candler
Associate Director, W&L Lifelong Learning

Flavors of Piedmont | Itinerary Highlights (subject to change)

Day 1 EN ROUTE FROM U.S.

1

Day 2 ARRIVE IN TURIN, ITALY | MONTEU

2

ROERO (D) Upon arrival an Orbridge representative will be waiting to assist with your transfer to the property. Take time to unpack and settle in before meeting fellow travel companions for a relaxing dinner crafted by the property's private chef featuring Piedmont's premium local ingredients.

Day 3 MONTEU ROERO (B,L,D) After breakfast

3

set off on a truffle hunting excursion at a nearby farm. Meet Luca and his trusty canine companion before venturing into the picturesque woodlands in search of the prized fungi. During the walk gain insight from Luca into age-old techniques and time-honored traditions of truffle hunting, passed down through generations. Following the hunt return to the farm for a delectable lunch. Continue to a historic winery that's been producing extraordinary varietals for 17 generations. Join the proprietor for a tour and tasting followed by dinner.

Day 4 CANALE (B,D) Enjoy a traditional Italian

4

breakfast before changing into comfortable clothing for this morning's activity—an easy e-bike cycling excursion to Canale. On the way, stop at Monteu Roero's church and attached café for refreshments. Continue to a winery for a rare opportunity to sample the region's unfermented grape varieties followed by a wine tasting. Arriving in charming Canale, wander the bustling market to procure ingredients for this afternoon's cooking class back at the property. Enjoy lunch on your own before returning to the villa by minivan. There will be time to refresh before joining together for an interactive cooking class with your private chef followed by dinner.

Day 5 MONTEU ROERO (B,L) Roll up your sleeves for

5

hands-on activities at a local goat farm. Learn traditions and techniques surrounding cheese making, concluding the visit with a tasting at the farm's aging grotto. Later visit a winery for a tasting and lunch hosted at the owner's home. Return to the villa walking the "grand chestnut path"—an impressively scenic walk alongside a chestnut forest. Alternatively return to the property by motor coach. The remainder of day is at leisure.

Day 6 TURIN (B,D) Depart for Turin by motor coach

6

for a guided walking tour. Its historic center is a treasure trove of Baroque architecture and grand boulevards that bear witness to Turin's illustrious past as the seat of the House of Savoy, one of Europe's most influential royal dynasties. Strolling along the elegant avenues and picturesque squares you'll encounter architectural masterpieces including Palazzo Reale, the Palazzo Madama and the iconic Mole Antonelliana, whose towering spire dominates the city skyline. Enjoy lunch on your own with time to explore independently. Tonight features a special treat—a *giropizza* (literally a "tour of pizzas") at the property. Our specially trained *pizzaiolo* (pizza maker) will craft an array of wood-fired pizzas featuring a variety of authentic flavors including black truffle, a typical Piedmontese topping.

Day 7 BRA | POLLENZO (B,L,D) Visit the birthplace of

7

the Slow Food movement. Immerse yourself in the ethos of Slow Food while exploring Bra's lively markets and artisanal shops, then gather for lunch. Afterward continue to the University of Gastronomic Sciences, an institution committed to promoting a holistic understanding of food that goes beyond mere sustenance to encompass its social, cultural and environmental significance. Enjoy a guided visit to the The Wine Bank, whose extensive collection of varietals spans the length and breadth of Italy's wine regions. Return to the villa for a casual dinner followed by an evening at leisure.

Day 8 ALBA (B,D) Set out for Alba by motor coach.

8

Renowned for its picturesque avenues and historic landmarks above ground, Alba holds a hidden treasure beneath its surface—the Roman undergrounds. Touring this ancient network of tunnels, chambers and galleries offers a fascinating glimpse into Alba's rich history. Lunch is on your own before returning to the villa for a final afternoon to indulge in the tranquil surroundings. Later prepare for a special farewell dinner at a Michelin-starred restaurant, capping off a memorable week of exploration.

Day 9 MONTEU ROERO | TURIN | DEPART

9

FOR U.S. (B) After breakfast take the group transfer to the airport for flights home.

(B = Breakfast, L = Lunch, D = Dinner)



What's Included

- 7 nights accommodations at Ville delle Nocchie
- 7 breakfasts, 3 lunches and 6 dinners served with wine
- All activities, private tours and tastings, and unique small-group excursions noted in the 9-day itinerary
- Full guiding services of an Orbridge Travel Director and expert local guides
- Private motor coach transportation
- Luggage portage
- Gratuities to Orbridge Travel Director, local guides, drivers and wait staff for included meals
- Airport transfers for guests arriving and departing during the suggested times

Activity Level: Activities are generally not very strenuous, however we expect that guests can enjoy two hours or more of walking, are sure-footed on cobble surfaces, and can walk up and down stairs without assistance. There is no elevator on the property. Historic city centers are usually more accessible by foot than by vehicle, and sometimes it is not possible for your motor coach to drop you off at site entrances. Due to the structure of some buildings, facilities for those with mobility issues may be limited. Also, dexterity to use kitchen tools and participate in lessons is not necessary but adds to the enjoyment of this program.



Accommodations *(subject to change)*

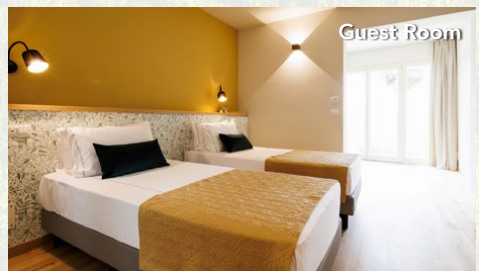
Embrace idyllic tranquility at Villa delle Nocchie, a private country estate that was meticulously renovated in 2023.

The property features 10 guest rooms (three guest rooms are on the first floor), each with a private en suite bathroom and panoramic views, plus elegantly cozy gathering spaces.

After enriching days of discovery restore your senses in the outdoor infinity pool or peaceful garden.

Property Amenities: Complimentary Wi-Fi throughout, large living room, professional kitchen with microwave, outdoor pergola, infinity pool, large pizza oven, laundry room, ice machine, ping pong table and Bocce set. (No elevator on site.)

Room Amenities: Individual climate control, USB and USB-C outlets, extra-comfort Simmons mattress, complimentary Wi-Fi, and en suite bathroom with organic shampoo and soap, and hair dryer.



Optional Pre-Tour Lake Como

Renowned for its stunning natural beauty, iconic landmarks and charming villages, Lake Como is an alluring destination and ideal starting point for your Italian holiday. From lively cobblestone streets to ultra-lush gardens, immerse yourself in the area's timeless elegance, picturesque landscapes and exquisite cuisine.

Day EN ROUTE FROM U.S.
+1

Day ARRIVE IN MILAN, ITALY | VARENNA (D) Upon
+2 arrival to Milan Malpensa Airport an Orbridge representative will be waiting to assist with your transfer to the hotel. Later join a local guide for a walking tour featuring Varenna's highlights followed by a lovely dinner.

Day ARRIVE IN MILAN, ITALY | VARENNA (B,L) After
+3 breakfast board a public ferry to Villa Carlotta, a jewel of Lake Como featuring meticulously maintained gardens, an extensive art collection, and stunning views of the lake and surrounding mountains. Constructed in 1690 by the Milanese marquis Giorgio Clerici in Baroque architectural style of the period, the villa originally served as a luxurious residence. Inside Villa Carlotta find notable art pieces including the famous sculpture "Palamedes" by Antonio Canova as well as paintings by Francesco Hayez. Continue to the villa's botanical gardens followed by a wine tasting and lunch. Return to Varenna by public ferry and enjoy the remainder of the afternoon and evening at leisure.

Day VARENNA | LAKE COMO | MAIN PROGRAM
+4 BEGINS (B) Following breakfast meet a local guide for a relaxing walking tour of Lake Como. Afterward transfer to Monteu Roeru to join guests arriving for the main program.

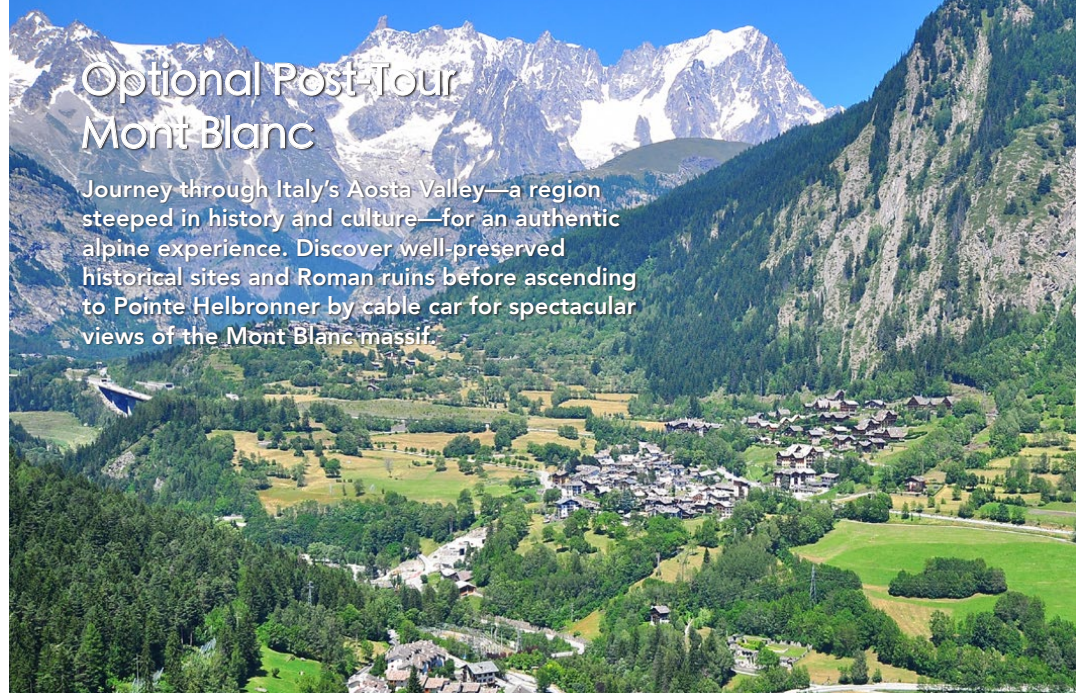
What's Included

- 2 nights accommodations at Hotel Royal Victoria (or similar)
- 2 breakfasts, 1 lunch and 1 dinner
- Guided panoramic walking tours of Varenna and Lake Como
- Admission to Villa Carlotta
- Transportation and ferry fees for included tours
- Luggage portorage
- Gratuities to local guide, driver, porters, hotel staff and wait staff for included meals
- Airport transfers for guests arriving during the suggested times



Optional Post-Tour Mont Blanc

Journey through Italy's Aosta Valley—a region steeped in history and culture—for an authentic alpine experience. Discover well-preserved historical sites and Roman ruins before ascending to Pointe Helbronner by cable car for spectacular views of the Mont Blanc massif.



Day 9 AOSTA | COGNE (L,D) Continue to Aosta—a town that features well-preserved historical sites including the Arch of Augustus, the Porta Praetoria and the Roman Theatre. Enjoy a decadent fondue-based lunch before joining a local guide for a comprehensive walking tour. Descend into the Criptoporticus—a semi-subterranean gallery consisting of two parallel tunnels connected by a series of cross-vaulted passages. Continue to your hotel in Cogne to check in and refresh before gathering for dinner at the hotel restaurant.

Day 10 COGNE | MONT BLANC | COGNE (B,L,D) Set off on a scenic drive to Courmayeur situated at the base of Mont Blanc. Board the Skyway Cable Car for a breathtaking, nearly 11,000-foot ascent to Pointe Helbronner. Throughout the ride, the cable car rotates providing 360° panoramic views over the diverse terrain. At the top a spacious terrace and multiple viewing platforms offer spectacular, unobstructed views of the Mont Blanc massif including iconic peaks Dent du Géant and the Grandes Jorasses. After lunch at Kartell Bistrot Panoramic board the cable car for the returning descent to Courmayeur. The remainder of the afternoon is at leisure to take advantage of the hotel amenities. This evening meet for dinner at the hotel restaurant.

Day 11 COGNE | MILAN | DEPART FOR U.S. (B) After breakfast take the complimentary transfer to the airport for flights home. (B)

What's Included

- 2 nights accommodations at Hotel Miramonti
- 2 breakfasts, 2 lunches and 2 dinners
- Guided panoramic walking tour of Aosta
- Cable car ride including admission
- Transportation for included tours
- Luggage portorage
- Gratuities to local guide, drivers, porters and wait staff for included meals
- Airport transfers for guests departing during the suggested times





APRIL 25 - MAY 3, 2026

Lake Como Pre-Tour:

April 23-26, 2026

Mont Blanc Post-Tour:

May 3-6, 2026

MAY 2-10, 2026

Lake Como Pre-Tour:

April 30 - May 3, 2026

Mont Blanc Post-Tour:

May 10-13, 2026

RESERVE YOUR SPACE TODAY

Online: wlu.edu/lifelong

Phone: (540) 458-8723

Category	Standard Rate	Special Rate*	Lake Como Pre-Tour	Standard Rate	Special Rate*
Deluxe	\$6,499	\$5,995	Double	\$2,199	\$1,995
Junior Suite	\$7,499	\$6,995	Single	\$3,099	\$2,895
Single (Deluxe)	\$9,299	\$8,795			
DEPOSIT AMOUNT PER PERSON					
\$500 pre-tour • \$850 main tour • \$500 post-tour					
			Mont Blanc Post-Tour	Standard Rate	Special Rate*
			Double	\$2,199	\$1,995
			Single	\$2,899	\$2,695

*Special group rates; limited offer. All rates are per person in U.S. dollars based on double occupancy except where noted as Single. Single availability limited. Unless noted otherwise, airfare is not included. **An exclusive Early Booking Bonus, Expedition Libraries are curated collections of useful resources and background reading tailored to this program. Place your deposit on or before the specified date, and one Expedition Library per room will be sent after receipt of final payment. Libraries may be purchased; call for details. Full Terms & Conditions at terms.orbridge.com. Any payment to Orbridge, LLC constitutes your acceptance of the terms and conditions set out therein, including but not limited to the cancellation and refund terms. CST#2098750-40 WST#602828994

Orbridge takes seriously the responsibility to minimize our global environmental impact. Each year we plant 100,000 trees in U.S. State Forests with afforestation needs as an ongoing initiative among our evolving sustainability efforts. Learn more at orbridge.com/going-green.



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FLAVORS OF PIEDMONT

APRIL 25 - MAY 3, 2026 and MAY 2-10, 2026

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September 5, 2025**

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