

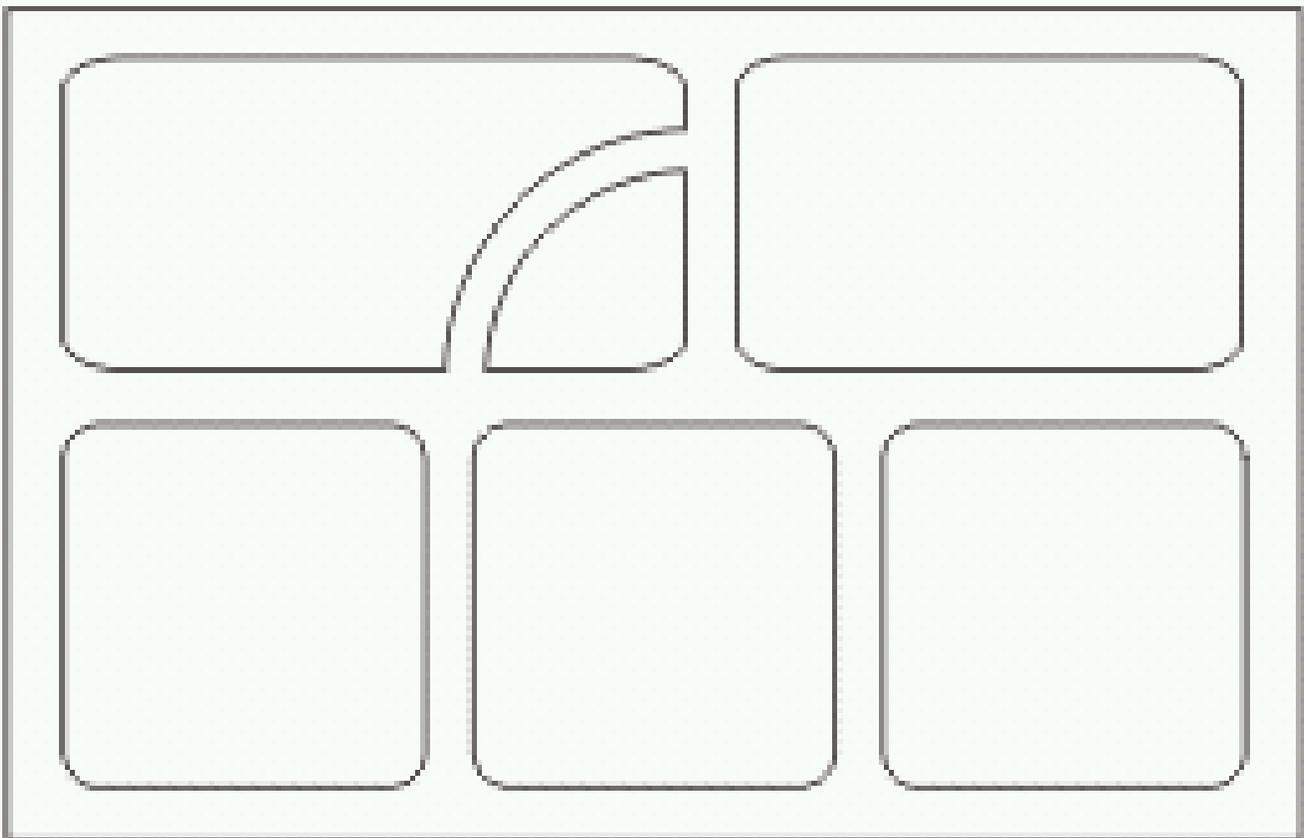
# A Japanese Lunch Box

A lunch box in Japan is called a *bento*. It is divided into little sections for different parts of the meal. A traditional *bento* includes a healthy lunch of rice, cooked fish or meat, vegetables, pickles, and fruit.



Usually the mother packs the children's bento with leftovers from the last night's dinner. Some mothers are very creative. They arrange the food to look like flowers, dolls, animals and other objects. That makes them fun to eat. Many working adults also bring their lunch to work in bento boxes.

Imagine you are a child in Japan. Draw a picture of what you might find in your bento.



What foods did you put in the bento?