



SETTLING IN

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Here is a list of some things you will need upon arrival in Lexington. The Center for International Education will take you shopping on the first and last days of International Student Orientation. The prices cited below are estimates:

Pillow	\$5-10	Light Blanket	\$10-15
Set of Sheets	\$20-30	Large Bath Towel	\$5-10
Sheet/Comforter set	\$30-40	Quilt	\$20
Light Bathrobe	\$10-25	Laundry basket	\$2-8
Bathroom slippers	\$12	Shower Caddy	\$2
Fan	\$15	3 l. Laundry detergent	\$6
5 ft x 8 ft Rug	\$20 +	Desk Lamp (some rooms have)	\$5-10
Alarm clock	\$5-10	Hangers (10)	\$1
Iron	\$15-30	Small trash bin	\$2-4
3-drawer cart	\$12	512 mb Flash Drive	\$20-40
(37 x 12 x 25 cm)		Portable CD player	\$10-30

Some of these items are not essential (e.g. rug) and some you may prefer to bring them from home if it is cheaper and more practical. I do not recommend bringing electrical appliances from home unless it has an electrical conversion switch on it from 220V to 110V. Your roommate is likely to bring many of the things you can't bring from home (e.g. stereo). If you wear glasses, bring a second pair. It may also be a good idea to bring an ample supply of any prescription medication you take regularly and to also bring a copy of the prescription and/or doctors notes.

What is the weather like?

Weather in Lexington during the first few days/weeks of your arrival can really vary. Sometimes it can be extremely hot and humid and you'll wear shorts the whole time, and sometimes it's much cooler because of the rain and you'll wear jeans and a light sweater. The evenings are almost always cool – a sweatshirt/sweater would be useful. A light rain jacket and an umbrella are good to have as well. By October to November, it's cold, and it may snow in the wintertime (January – March). You will need a winter coat, hat, gloves and snow/rain shoes (boots). If you don't already own these, I recommend waiting until you arrive in the U.S. to purchase them.

On a more formal note...

It's important to either bring, or plan to buy soon after your arrival, some formal wear. There will be events (receptions, attending concerts/speeches at Lee Chapel, interviews for clubs/student organizations, etc.) all year long, and especially at the beginning of the year, when you will need to be formally dressed. Trousers and ties for men and skirts, dresses or nice trousers for women. Washington and Lee has at least one annual formal ball. Attendance is not compulsory, but if you own a long formal dress or a tuxedo, it would be a good idea to bring it, in case you choose to attend. The cost of renting a tuxedo or buying a dress can range from \$30 - \$150 here.

The closest malls (large shopping center) to Lexington are in Staunton (30 minutes away by car) and Roanoke (one hour away by car) and there is no public transportation available from Lexington and these cities. The Center for International Education will arrange a trip for you during your international student orientation, and will continue to do so throughout the year depending on general student interest.

Finally, we recommend that you bring your national dress! There are a number of events at the university and within the community where it would be beneficial to have you dressed in the national dress of your country/region. Even if you do not have access to your national dress, bring something that you can wear to represent your country, like a football (soccer) jersey. You'll be glad you brought it!