



Lifelong
Learning

Western Europe's Historic Coastal Cities and Art Centers

A Voyage from
Amsterdam to Lisbon



Belgium's Bruges is one of Europe's best preserved and most evocative medieval cities.

Aboard the New Expedition Cruise Ship *DIANA*
July 30 – August 10, 2024



Lifelong Learning

Dear Washington & Lee travelers,

Bathed by the Atlantic, the ports of Western Europe have long nourished trade, culture and the arts. At and near these seaports and trading centers, some of the most splendid monuments of Western civilization have developed since the Middle Ages, housing museums and historic sites that are home to some of the finest European art.

The coastal cities we will visit on this voyage have long been confluences of culture. Conquests and trade have linked these lands since long before the creation of the European Union, and cross fertilization has yielded some of the finest testimonials of European civilization. On this summer voyage from Amsterdam to Lisbon, we will follow the route of explorers, conquerors, merchants, pilgrims and artists to explore places that are steeped in history and incredibly beautiful.

Among the places we will visit, Amsterdam and Bruges are home to extraordinary collections of art; Honfleur is our gateway to the Normandy Beaches; and in Spain we tour the great Christian pilgrimage center, Santiago de Compostela, a UNESCO World Heritage Site. From Oporto, Portugal, world famous for its production of port wine, we will explore the lovely wine country and enjoy a tasting.

Washington & Lee operated a highly successful voyage aboard the new expedition cruise ship, *Diana*, in the fall of 2023. We look forward to returning to this elegant, state-of-the-art vessel for our European voyage and invite you to experience its fine amenities, including spacious staterooms and suites, elegant lounges, expansive open decks, outstanding cuisine, and warm and personalized service.

We hope you will join Washington & Lee as we explore *Western Europe's Historic Coastal Cities and Art Centers*.

Sincerely,

Gary Kirk,
Director

Ruth Candler,
Associate Director

Lisa D'Amelio,
Program Coordinator



Ville Close, France



Abbey Gardens, Tresco, Isles of Scilly



Ribeira, Oporto, Portugal



Rijksmuseum, Amsterdam

P.s.- Visit our website in February for more information about our faculty host!

FOR MORE INFORMATION, PLEASE CALL THE W&L OFFICE OF LIFELONG LEARNING AT 540.458.8723

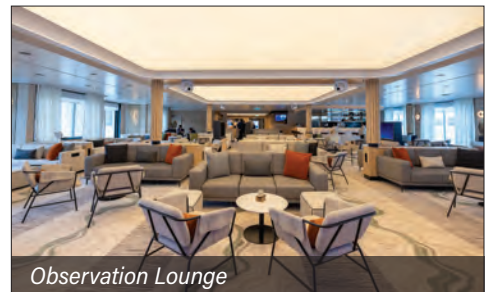
THE NEW 192-GUEST EXPEDITION CRUISE SHIP *DIANA*



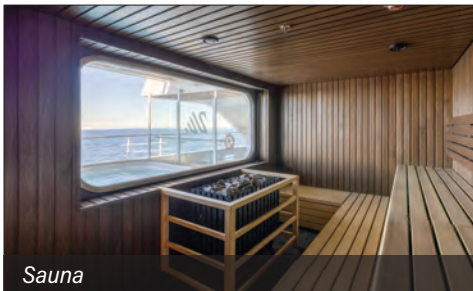
Oceanview Stateroom



Balcony Suite



Observation Lounge



Sauna



Club Lounge



Outdoor Café/Bar with swimming pool

Built in Finland, and launched in April 2023, Swan Hellenic's *Diana* is a new generation expedition cruise ship. Although at 12,100 tons the ship is large enough to accommodate more than 350 passengers, *Diana* will accommodate a maximum of 192 guests in 96 spacious staterooms and balcony suites. The low guest density results in one of the most generous indoor and outdoor space-to-guest ratios among cruise ships.

Featuring the latest advances in technology and engineering, *Diana* is among the world's first environmentally responsible ships. Equipped with hybrid engines and a unique water filtration system, *Diana* leaves a minimal footprint. For cruising in Polar regions, the ship meets the stringent requirements of the new Polar Code with its high PC5 Category A ice strengthened hull and other advanced features. A computer-controlled Dynamic Positioning System allows the ship to maintain position without anchoring. Operated by a complement of 135 experienced European officers and international crew members, *Diana* will

carry a fleet of Zodiacs, versatile landing boats, and kayaks. Powerful stabilizers provide a smooth ride.

Diana's interior spaces exude sophisticated elegance, with most rooms opening to panoramic views of the sea. All staterooms and suites face outside and are equipped with private facilities, climate control, TV, Wi-Fi and USB connections and other amenities. Of the ship's 96 staterooms, 76 have balconies. Public areas include a spacious observation lounge equipped with state-of-the-art facilities for lectures and presentations; a club lounge; a restaurant that accommodates all guests at one seating; an outdoor café/bar that surrounds the heated swimming pool; a wellness area with gym, spa, and sauna with an adjoining outdoor jacuzzi; library; beauty salon; and an infirmary that is attended by a full-time doctor and nurse. The ship also features expansive open-deck areas. Two elevators connect all decks. Attentive service is provided on a 24-hour basis. The outstanding cuisine is complemented by fine wines at lunch and dinner.

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ITINERARY



Tuesday, July 30, 2024
DEPART THE UNITED STATES

Wednesday, July 31
AMSTERDAM, The Netherlands

Arrive in Amsterdam and transfer to the deluxe hotel *Hilton Amsterdam* (or similar). This evening gather with fellow travelers for a welcome dinner. (D)



The canals of Amsterdam.

Thursday, August 1
AMSTERDAM/EMBARKATION

Amsterdam is one of the great capitals of Europe, known for its picturesque canals and wealth of museums. After breakfast at the hotel, enjoy a tour of this marvelous city followed by a visit to the famed Rijksmuseum with its unrivaled collection of Dutch Masters. Late in the afternoon, transfer to the pier to embark *Diana* and set sail. (B, D)

Friday, August 2
ZEEBRUGGE/BRUGES, Belgium

Bruges is a perfectly preserved medieval town known for its charming canals, magnificent architecture, and exquisite art. A walking tour through narrow cobblestone streets takes us to the marketplace, Belfry Tower, Town Hall and the Chapel of the Holy Blood. Explore City Hall's main room, a masterpiece of Gothic design with late 19th-century murals and a polychrome vault. Also visit the Church of Our Lady, which houses Michelangelo's sculpture of Madonna with Child. (B,L,D)

Saturday, August 3
HONFLEUR/NORMANDY BEACHES, France

Honfleur sits on the banks of the estuary where the Seine River meets the English Channel. Its Old Harbor is extraordinarily picturesque and has been a favored subject of countless artists, including, perhaps most famously, Claude Monet. It is also our gateway to the beaches of Normandy and to Colleville-sur-Mer, home to the World War II Normandy American Cemetery and Memorial. The majority of the nearly 10,000 American soldiers killed at Omaha Beach are buried in this 170-acre cemetery on land given to the United States by France as a token of gratitude. (B,L,D)

Sunday, August 4
ST. MALO/MONT-ST.-MICHEL

This morning we arrive at the medieval city of St. Malo, a town that is fiercely proud of its seafaring traditions and was the lifelong home of the explorer, Jacques Cartier. It is also our gateway to the UNESCO World Heritage Site of Mont-St.-Michel. Rising abruptly from the flat Dol marshes is a great granite cone with a town, fortress and monastery clinging to its steep sides. Crowned by the 11th-century abbey church, Mont-St.-Michel is one of the architectural marvels of Western Europe. After lunch aboard ship, enjoy an afternoon tour of St. Malo, followed by time at leisure to walk along the town's walls and explore the little shops that line the quaint streets. (B,L,D)

Monday, August 5
TRESCO, ISLES OF SCILLY, England

Located about 30 miles off the coast of Cornwall, the Isles of Scilly are a cluster of low-lying islands that have been specially designated as an Area of Outstanding Natural Beauty. Due to their mild winter climate and long hours of summer sunshine, they are able to host the botanical marvel that is Treco Abbey Gardens. Benefitting from high walls and hedges that protect it from the Atlantic winds, this world-class garden prides itself on a collection of 20,000 plant species from



Douro River region, Portugal

as far away as New Zealand, South America, and Southern Africa, all flourishing in latitudes that seem impossible. (B,L,D)

Tuesday, August 6

CONCARNEAU, France

Concarneau on the southern coast of Brittany is best known for its Ville Close (Walled City), built on a small island just offshore. This medieval fortification remains the heart of Concarneau, with 15th and 16th-century half-timbered, gabled buildings lining the cobblestoned streets within the walls. Rue Vauban, the main street, leads to the fishing port—the leading tuna port in Europe—where more than 200 boats line the docks in front of the fish market. (B,L,D)

Wednesday, August 7

AT SEA

During a day at sea, attend informative lectures and briefings from guest lecturers, relax and enjoy cruising the open sea, and treat yourself to some of the many amenities aboard *Diana*. (B,L,D)

Thursday, August 8

VIGO/SANTIAGO DE COMPOSTELA, Spain

Travel today to Santiago de Compostela, one of the most beautiful and historic medieval cities in Spain, a UNESCO World Heritage Site, and the third most important Christian pilgrimage site in the world,



The Cathedral of St. James dominates the skyline of Santiago de Compostela, Spain

after Jerusalem and Rome. Our full day tour with lunch includes the Cathedral, the Townhall, and the Palace of Saint Jerome. Rejoin the ship in the port of Finisterre. (B,L,D)

Friday, August 9

OPORTO, Portugal

Oporto, Portugal's second largest city, is magnificently set at the mouth of the Douro River, its old quarters built on rocky tiers that cascade down to the river. This is certainly one of the country's most atmospheric and interesting cities. Explore the city in the morning on a tour that will include its most interesting landmark sites, including the *Ribeira*, the quayside that has been designated a UNESCO World Heritage Site. The area around Oporto is world famous for the production of port wine, and in the afternoon, we will visit one of the old wine lodges in nearby Vila Nova de Gaia to learn about this unique wine and enjoy a tasting as well. (B,L,D)

Saturday, August 10

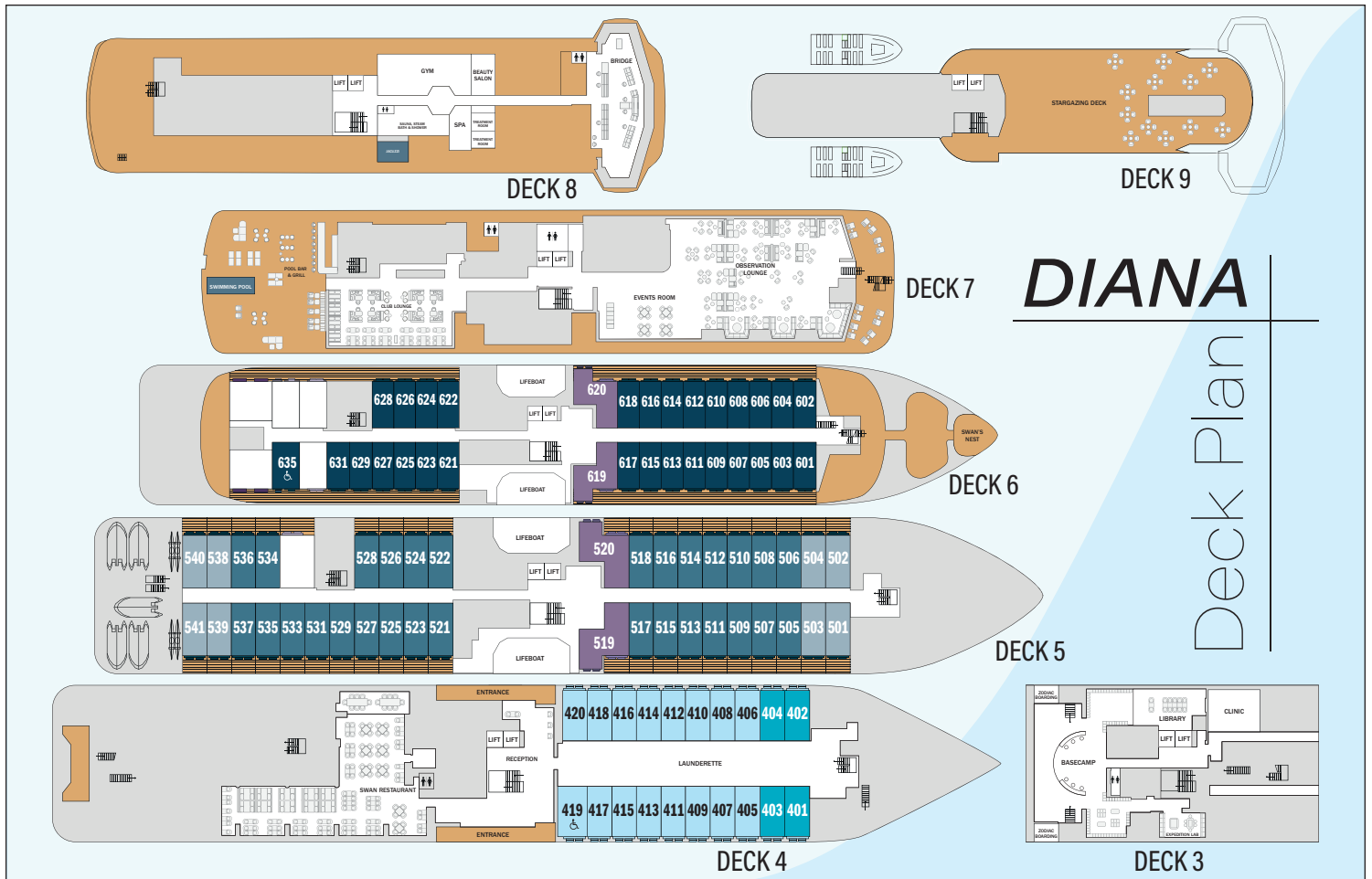
LISBON/ USA

Morning arrival in Lisbon. After breakfast, disembark and transfer to the airport for flights homeward. (B)

NOTE: An optional two-day extension to Lisbon will be offered. Details are available upon registration.



Honfleur, France



All accommodations aboard *Diana* are spacious staterooms and balcony suites. They are elegantly decorated, face outside, affording sea views, and include a queen-size bed that can be arranged as two twin beds, a spacious bathroom, mini-refrigerator, safe, ample closet space, climate control, telephone, TV, Wi-Fi, and USB connections, as well as other amenities.

CATEGORY	DESCRIPTION	RATES PER PERSON / DOUBLE OCCUPANCY
E	Oceanview staterooms with two large oval windows. 206 sq. ft. Deck 4. Staterooms 401-404.	\$8,590
D	Oceanview staterooms with two large oval windows. 206 sq. ft. Deck 4. Staterooms 405-420.	\$8,990
C	Suites with balcony & living room area. 300 sq. ft. Deck 5. Suites 501-504, 538-541.	\$10,490
B	Suites with balcony & living room area. 300 sq. ft. Deck 5. Suites 505-518, 521-529, 531-537.	\$10,990
A	Suites with balcony and living room area. 300 sq. ft. Deck 6. Suites 601-618, 621-635.	\$11,890
AA	Suites with large balcony, separate bedroom & living room. 474 sq. ft. Decks 5 & 6. Suites 519, 520, 619 & 620.	\$14,890



Belfry Tower, Bruges, Belgium

FOR SOLO TRAVELERS

A limited number of cabins are available for single occupancy in categories D to B at no additional charge. Additional single cabins are available at a supplement of 50% of the per person double occupancy rate, instead of the normal 70% supplement.

FOR MORE INFORMATION, PLEASE CALL THE W&L OFFICE OF LIFELONG LEARNING AT 540.458.8723

PROGRAM INCLUSIONS

The rates are all-inclusive. There are no hidden costs and no additional charges such as shore excursions or embarkation and port charges. Other than the international airfare and expenses of a personal nature, all else is included. Specifically, the rates include:

- Accommodations for one night in Amsterdam's deluxe *Hilton Amsterdam Hotel* (or similar).
- Cruise aboard the new expedition cruise ship, *Diana*.
- Welcome dinner at the hotel.
- All meals aboard ship with a selection of wines, beers and soft drinks with lunch and dinner.
- Coffee, including espresso and cappuccino, tea and soft drinks throughout the day and night aboard ship.
- Open bar with select alcoholic beverages aboard ship.
- 24-hour room service aboard ship.
- Airport/hotel/pier transfers and handling of luggage on the program arrival and departure dates.
- Complete program of tours, excursions and other activities ashore, led by professional local guides and onboard experts.
- The services of an experienced Thalassa Journeys Trip Director.
- Gratuities to shipboard personnel, local guides, drivers and porters.
- All local taxes and service charges, including port and embarkation taxes.
- Basic Wi-Fi aboard ship.
- Complete pre-departure material.

NOT INCLUDED: Airfare, travel insurance, expenses of a personal nature; any meals and other items not mentioned in the itinerary and the Program Inclusions.



In the streets of Vigo, Spain

REGISTRATION

W&L 24D-0730

I (we) wish to reserve _____ place(s) on **WESTERN EUROPE'S HISTORIC COASTAL CITIES AND ART CENTERS**, July 30 – August 10, 2024, with Washington & Lee University. I/We understand that a deposit of \$1,500.00 per person is required.

For the ease of registering online, please visit: <https://go.wlu.edu/westerneurope>

I/We wish to pay the deposit by credit card and authorize Thalassa Journeys to contact us for credit card details. I understand that final payment is due ninety (90) days prior to departure and is payable by check or credit card.

Alternatively, you can make your deposit by check.

Enclosed is my check for \$_____ (\$1,500 per person) made payable to **Thalassa Journeys**.

Please email your reservation to lifelong@wlu.edu and mail check to:

Office of Lifelong Learning, Washington and Lee University
204 West Washington St., Lexington, VA 24450

PLEASE SELECT STATEROOM CATEGORY IN ORDER OF PREFERENCE

1st choice _____ 2nd choice _____ 3rd choice _____

Double Occupancy Single Occupancy (Inquire for rates)

PREFERRED BED CONFIGURATION: Double _____ Twin _____

DR./MR./MRS./MS. FIRST LAST (As it appears on your passport)

DR./MR./MRS./MS. FIRST LAST (As it appears on your passport)

ADDRESS CITY STATE ZIP

GUEST ONE MOBILE GUEST ONE E-MAIL

GUEST TWO MOBILE GUEST TWO E-MAIL

GUEST ONE CLASS / YEAR **Each participant must sign below: I/We have read the "General Information" section and agree to its terms.**

GUEST TWO CLASS / YEAR

GUEST ONE NAME FOR NAME BADGE SIGNATURE DATE

GUEST TWO NAME FOR NAME BADGE SIGNATURE DATE

GENERAL INFORMATION

PAYMENT SCHEDULE: A deposit of \$1,500 per person is required to reserve your space on the tour. Final payment is due 90 days prior to departure. Payment can be made by personal check or charged to a credit card.

CANCELLATIONS & REFUNDS: All cancellations are subject to a \$300 per person administrative fee. Cancellations received 71-90 days prior to departure will be assessed a penalty equal to 50% of the total program cost per person. Cancellations received within 70 days of departure are subject to 100% cancellation penalties. Requests for cancellations must be made in writing. No refunds will be made for any part of this program in which you choose not to participate.

INSURANCE: We strongly recommend the purchase of trip cancellation insurance, which is available for coverage of expenses in conjunction with cancellation due to illness or accident. Baggage insurance is also recommended. In the event that you must cancel your participation in a travel program, trip cancellation insurance may be the only source of reimbursement.

ITINERARY: The itinerary, accommodations and arrangements are subject to change at the discretion of Thalassa Journeys.

RESPONSIBILITY: Please read carefully the following terms and conditions, which constitute the sole, legally enforceable agreements between the traveler and Thalassa Journeys. Thalassa Journeys acts solely as agents for the traveler with respect to all transportation, hotel and other tour arrangements. In that capacity, we exercise all reasonable care possible to ensure the traveler's safety and satisfaction, but, we neither assume nor bear any responsibility or liability for any injury, death, damage, loss, accident, delay or irregularity arising in connection with the services of any ship, airplane, train, automobile, motor coach, carriage or other conveyance, or the actions of any third-party, involved in carrying the traveler or in affecting these tours. We are not responsible for damages, additional expenses, or any other losses due to cancellation, delay or other changes in air or other services, sickness, weather, strike, war, civil disturbances, acts or threats of terrorism, travel warnings or bans, termination or suspension of war risks or other carrier insurance, quarantine, acts of God or other causes beyond our control. All such losses must be borne by the traveler, and tour rates provide for arrangements only for the time stated. In the event of cancellation, delay or rescheduling mandated by any of the aforesaid causes beyond our control, the traveler shall have the option of accepting in lieu of the original tour such rescheduled tour or other substituted tour(s) as may be offered by us, or else, receiving a refund of as much of such advance tour expenditures as we are able to recover on the traveler's behalf from carriers, third-party tour vendors, etc., but, we shall not have any obligation or liability to the traveler beyond the foregoing. We reserve the right to make alterations to the tour's itinerary and to substitute hotels, transportation methods, or lecturers if this is required. We reserve the right to cancel, delay, or reschedule any tour prior to departure, and, so long as this is not due to any of the aforesaid causes beyond our control, the traveler shall be entitled to a full refund of all monies paid to that point if he/she so desires. No refund shall be made for any unused portion of any tour. By forwarding their deposit(s), the traveler certifies that he/she and/or their dependents, minors or others covered thereby do not have any mental, physical or other condition of disability that could create a hazard for them or other travelers. We reserve the right to decline to accept or to decline to retain any person as a member of any tour should such person's health, condition or actions adversely affect or threaten the welfare or safety of other travelers or impede the tour. Baggage or valuables brought on the tour shall be transported, handled or stored at the traveler's risk entirely, and, we shall bear no liability or responsibility for any damage or other loss thereto. Resolution of any disputes arising hereunder shall be affected exclusively in the state or federal courts presiding in Florida, pursuant to applicable Florida law.

RATES: Tour costs are based upon current airfares, tariffs, and currency values. While we do everything possible to maintain the listed prices, they are subject to change.

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FOR MORE INFORMATION, PLEASE CALL THE W&L OFFICE OF LIFELONG LEARNING AT 540.458.8723

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Western Europe's Historic Coastal Cities and Art Centers: A Voyage from Amsterdam to Lisbon

Mont-St.-Michel, France



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